

## Mentoring

In a mentoring relationship, the focus is on personal contact to transfer knowledge and experience between an executive from science or business (mentor) and the junior employee (mentee). Through the individual support, supervision and counselling of the mentor, the women acquire the competence to actively shape their careers. However, the focus here is not on the transfer of specialist knowledge, but rather on the acquisition of knowledge about the "Science" or "Business" network and the support of contact mediation in the respective area. Through the factors of counselling, feedback and networking, mentoring makes the competencies and potentials of women visible, strengthens them and thus provides targeted care and support.

If you have any questions about mentoring, please do not hesitate to contact us. We will also be happy to support you in your search for a mentor.

Mentee - requirements and opportunities



more...

Materials & Manuals

- ▶ Checklist for the mentoring interview
- ▶ Template for the mentoring agreement
- ▶ Template for the preparation of the mentoring interview
- ▶ Template for follow-up of the mentoring interview

Mentor - tasks and opportunities



Monkey Business Images/Shutterstock.com

more...



#### KONTAKT



Koordinierungsstelle  
Genderforschung&Chancengleichheit  
Sachsen-Anhalt (KGC)  
Otto-von-Guericke-Universität Magdeburg  
Universitätsplatz 2 | 39106  
› [info@kgc-sachsen-anhalt.de](mailto:info@kgc-sachsen-anhalt.de)

**Michaela Frohberg | Leitung  
Team**